

# At-Home vs. Hospital Births: A Relative Comparison

Kayla Lee: Biology    Mentor: Mrs. Usha Kulkarni  
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## Introduction

What is an at home birth & what does this consist of?

An at home birth is simple delivering you child at home  
While delivering, you'll be subjected to having a midwife and or a doula.

With having an at home birth, you are able to decide how you want everything to happen. This goes as far as how many people you want in the room, who you would like to help assist you while the midwife is helping, and multiple forms of support throughout the whole labor

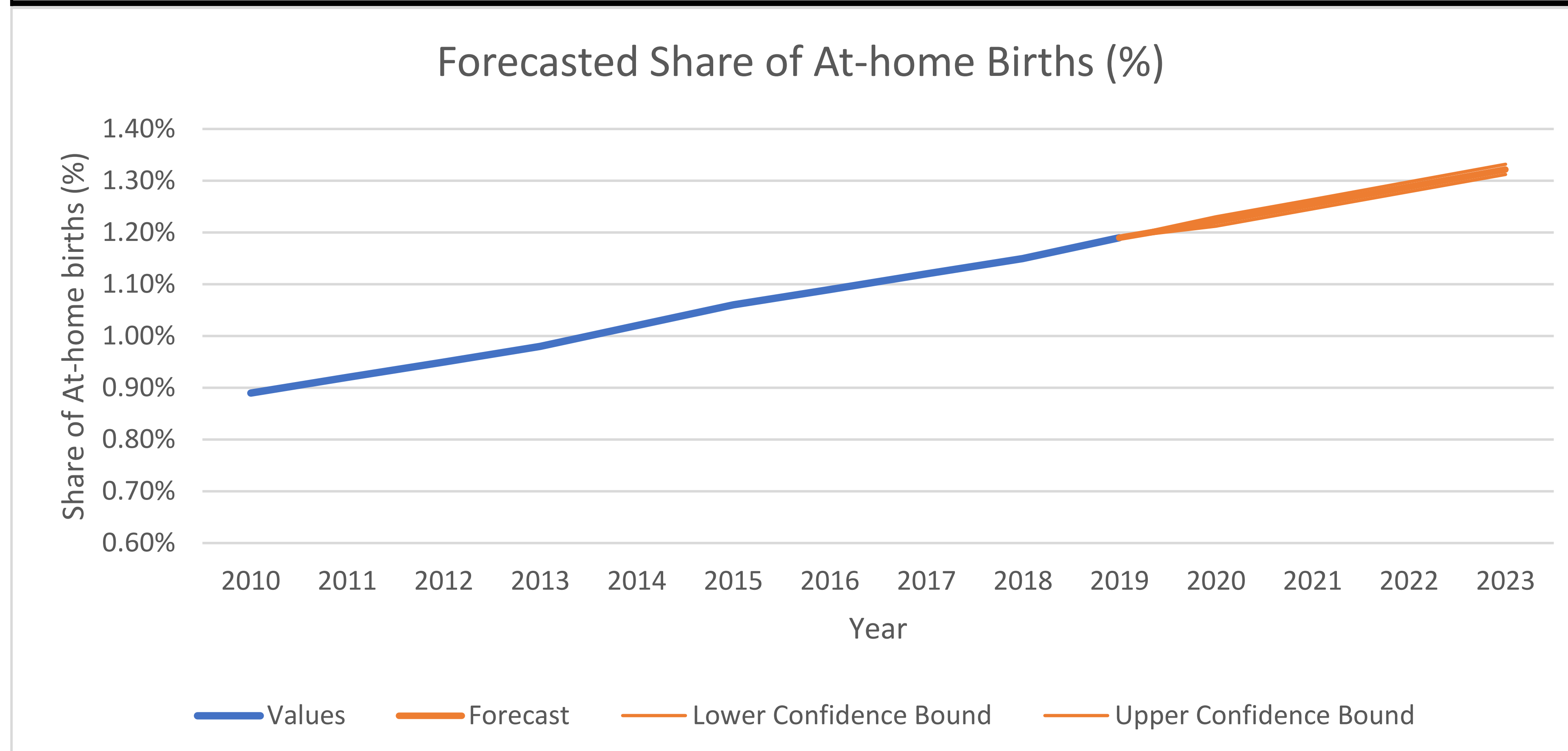
## Percentages of Planned Births compared to Hospital Births

Based on the latest data available from the CDC, the share of at-home births is steadily increasing as a share of total births at approximately 0.03% per year

Assuming this trend continues, we expect the total number of at-home births to be 1.32% in 2023 (approximately 48k births), based on our OLS linear regression forecast

| Year | At-home births (%) | At-home births (#) | Hospital births (%) | Hospital births (#) |
|------|--------------------|--------------------|---------------------|---------------------|
| 2010 | 0.89%              | 29,650             | 99.11%              | 3,963,000           |
| 2011 | 0.92%              | 30,770             | 99.08%              | 3,940,000           |
| 2012 | 0.95%              | 31,960             | 99.05%              | 3,913,000           |
| 2013 | 0.98%              | 33,260             | 99.02%              | 3,879,000           |
| 2014 | 1.02%              | 34,590             | 98.98%              | 3,853,000           |
| 2015 | 1.06%              | 35,920             | 98.94%              | 3,826,000           |
| 2016 | 1.09%              | 37,220             | 98.91%              | 3,798,000           |
| 2017 | 1.12%              | 38,470             | 98.88%              | 3,773,000           |
| 2018 | 1.15%              | 39,670             | 98.85%              | 3,744,000           |
| 2019 | 1.19%              | 40,900             | 98.81%              | 3,715,000           |

| Slope | 0.03% | 1,269 | -0.03% | -27,721 |
|-------|-------|-------|--------|---------|
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## Types of Midwives

**Certified nurse midwife (CNM):** Having nursing degrees or midwifery certifications. Because they are registered nurses (RN) they tend to practice in hospitals.

**Certified Midwives (CM):** don't have nursing degrees, but they have masters' degrees in midwifery.

**Certified Professional Midwives (CPM):** are not hospital-certified nurses, but they do have extensive medical training.

**CM's & CPM's:** are sometimes called direct entry midwives, because their training doesn't require them a nursing degree.

## The succession rate for Midwives

In 2018, the nurse midwifery care in the United States, the data showed that with the certified midwife the cesarean rate was 17.2%. The VBAC (vaginal birth after cesarean) success rate was 78.6%, inductions of labor were 21.3%.

Only 8% of births in the United States are attended by midwives. In the UK and other countries, they attended over two-thirds of births. Research shows that people who use midwives often lead to better outcomes for mothers and babies.